



What you need to know after receiving a positive mycoplasma test result

This contains information about treatment, how long you need to avoid sexual contact for, when you should retest, who you might need to notify, and how to prevent reinfection. If you would like more detailed information, please visit our FAQ page [here](#).

What do I need to know about treatment?

Please make sure to take all of the medication prescribed to cure mycoplasma. Medication for mycoplasma should not be shared with anyone.

If you are located in the UK or Ireland your sample will be checked for antibiotic resistance automatically at the laboratory. This takes about 10 days - it will be important to recheck your account in 10 days and look at your lab report to make sure the infection will be responsive to antibiotics. When that result is available you can share that result with your doctor.

Sexual activity

It is important to not have sexual contact now and for 2 weeks after the start of treatment.

If you have a partner that also has mycoplasma, to prevent passing the infection back and forth, you should avoid having sex until both you and your partner(s) are fully treated and wait 2 weeks after the last person starts treatment.

Partner notification

It is also important to notify any current sexual partners that they should have a full STD screen including a test for mycoplasma.

Retesting

In Ireland and the UK it is recommended that you take another test 5 weeks after completing treatment to make sure that the infection has cleared.

You can repurchase a test at the link here: <https://www.letsgetchecked.com/home-sti-test/>

In the US, retesting is not recommended if you do not have any symptoms. Please discuss any concerns with your healthcare provider.

My infection was treated and I still have symptoms - is this normal?

If your symptoms continue for more than one week after completing treatment, or if they become more severe, please discuss this with your health care provider as you may need additional evaluation.

Prevention

You can help to reduce the risk of getting this common infection again by using barrier contraception like condoms during sexual contact and it's important to disinfect any sex toys after use.