



# What you need to know after receiving a positive trichomoniasis test result

This contains information about treatment, how long you need to avoid sexual contact for, when you should retest, who you might need to notify, and how to prevent reinfection. If you would like more detailed information, please visit our FAQ page [here](#).

## What do I need to know about treatment?

Please make sure to take all of the medication prescribed to cure trichomoniasis. Medication for trichomoniasis should not be shared with anyone.

## Sexual Activity

It is important to wait to have sex again until you have completed treatment and all symptoms are gone. If you have received treatment with a single dose of antibiotics, this usually takes about 7 days.

If you have a partner that also has trichomoniasis, to prevent passing the infection back and forth, you should avoid having sex until both you and your partner(s) are fully treated and symptoms are gone.

## Partner Notification

It is important to inform your sexual partners to make sure that they get tested for the infection.

- ✔ If you don't have any symptoms - you should notify any sexual partners from the last 30 days.
- ✔ If you do have symptoms - you should notify any partners you had in the 30 days before your symptoms started.

## Retesting

It is recommended that all females take another test between 2 weeks and 3 months after

completing treatment. This is to make sure that the infection has cleared and repeat exposure to the infection has not happened. A retest is advisable for males and females if symptoms return (even if this occurs after a negative retest).

If your original STI test required a urine sample only, it is recommended that you take a blood test to check for HIV and Syphilis when repeating to ensure you have not been exposed to these blood-borne infections.

You can repurchase a test at the link here: <https://www.letsgetchecked.com/home-sti-test/>

## My infection was treated and I still have symptoms - is this normal?

If your symptoms continue for more than one week after completing treatment, or if they become more severe, please discuss this with your health care provider as you may need additional evaluation.

## Prevention

You can help to reduce the risk of getting this common infection again by using barrier contraception like condoms during sexual contact and it's important to disinfect any sex toys after use.