



What you need to know after receiving a positive chlamydia test result

This contains information about treatment, how long you need to avoid sexual contact for, when you should retest, who you might need to notify, and how to prevent reinfection. If you would like more detailed information, please visit our FAQ page [here](#).

What do I need to know about treatment?

Please make sure to take all of the medication prescribed to cure chlamydia. Medication for chlamydia should not be shared with anyone.

Sexual activity

It's important not to engage in sexual activity until your infection has been effectively treated.

A 7 day course of antibiotics is usually required and you should wait until the end of treatment before engaging in sexual activity.

Partner notification

It is important to inform your sexual partners to make sure that they get tested for the infection.

- ✓ If you don't have any symptoms - you should notify any sexual partners from the last 60 days.
- ✓ If you do have symptoms - you should notify any partners you had in the 60 days before your symptoms started.

Retesting

It is recommended that you take another test to make sure that the infection has cleared.

If you are in the US you will need to test 3 months after completing treatment.

If you are in Europe, you will need to retest 6 weeks after completing treatment if:

- ✓ Symptoms continue
- ✓ You are pregnant
- ✓ You are a man who has sex with men
- ✓ You have an IUD or Mirena coil
- ✓ You had a positive rectal or oral swab

If your original STI test required a urine sample only, it is recommended that you take a blood test to check for HIV and Syphilis when repeating to ensure you have not been exposed to these blood-borne infections.

You can repurchase a test at the link here: <https://www.letsgetchecked.com/home-sti-test/>

My infection was treated and I still have symptoms - is this normal?

If your symptoms continue for more than one week after completing treatment, or if they become more severe, please discuss this with your health care provider as you may need additional evaluation.

Prevention

You can help to reduce the risk of getting this common infection again by using barrier contraception like condoms during sexual contact and it's important to disinfect any sex toys after use.