



What you need to know after receiving a positive gonorrhea test result

This contains information about treatment, how long you need to avoid sexual contact for, when you should retest, who you might need to notify, and how to prevent reinfection. If you would like more detailed information, please visit our FAQ page <u>here</u>.

What do I need to know about treatment?

It is important that you get treated for the infection - as part of this treatment, a once-off injection of antibiotics is required.

It is important that you go to your doctor or a sexual health clinic to receive treatment.

Sexual Activity

It is important to not have sexual contact now and for 7 days after you complete treatment.

If you have a partner that also has gonorrhea, to prevent passing the infection back and forth, you should avoid having sex until both you and your partner(s) are fully treated and wait until 7 days after the last person completes treatment.

Partner Notification

It is important to inform your sexual partners to make sure that they get tested for the infection. If you are in the US:

 You should inform any sexual partners from the last 60 days.

If you are in Europe and you are a male with symptoms:

You should notify any sexual partners from the last 14 days and let them know that they should be tested for gonorrhea, or your last sexual partner if it has been longer than this. If you are in Europe and you are female, or you do not have symptoms:

 You should notify any partners from the last 3 months and let them know that they should be tested for gonorrhea.

Retesting

It is recommended that you take another test to make sure that the infection has cleared.

If you are in the US you will need to test 3 months after completing treatment.

If you are in Europe, you will need to retest 2 weeks after completing treatment.

If your original STI test required a urine sample only, it is recommended that you take a blood test to check for HIV and Syphilis when repeating to ensure you have not been exposed to these blood-borne infections.

You can repurchase a test at the link here: https://www.letsgetchecked.com/home-sti-test/

My infection was treated and I still have symptoms - is this normal?

If your symptoms continue for more than one week after completing treatment, or if they become more severe, please discuss this with your health care provider as you may need additional evaluation.

Prevention

You can help to reduce the risk of getting this common infection again by using barrier contraception like condoms during sexual contact and it's important to disinfect any sex toys after use.